

## The Cat Clinic and Village Cat Clinic Tips for Lower Stress Cat Friendly Visits.

As a part of your cat's health and wellness team we would like your help to make your cat's visit as stress free as possible. We all know cats don't like leaving their home environment but there are some things we can do together to help them view visiting the veterinarian as not quite as scary.

1. Hungry is good. If medically appropriate, skip the meal before a veterinary visit. This can help prevent nausea during car travel as well as making the treats at the veterinary visit more appealing.

2. Please always bring your cat to the clinic in a carrier. We prefer a hard sided carrier that can easily be taken apart so the top can be lifted off. If you don't have a carrier for your cat, let us know before your visit. We have loaners available for a small deposit fee.

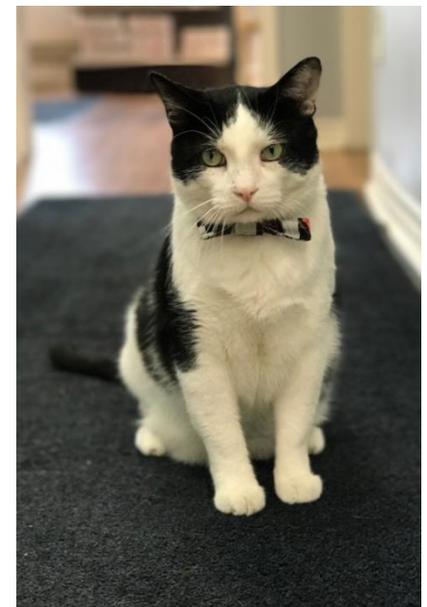
3. Always be sure to cover the carrier. Cats generally feel more secure when they are in the "dark" hiding as opposed to being able to watch. A pheromone spray like Feliway® on the towel can be helpful. We have it available at the clinic for your convenience.

4. Minimize movement as much as possible. Instead of using the carrier's handle, hold the carrier from the bottom to provide a steady ride for your cat. When you use the handle, the carrier tends to swing, which can be frightening. Secure the crate or carrier in the car so it can't slide around. The best place is on the floor behind the passenger seat. Place a surface with a grip, like drawer liners or a rug pad, inside the crate beneath a towel so that your cat won't slip and slide. A towel alone can be very slippery.

5. Leave extra time. We know life is busy but rushing can lead to your cat feeling additional stress. Drive smoothly and reduce the noise (honking, phone calls etc). Instead play soft music and talk to your cat, as your voice can be reassuring.

6. If we have prescribed medication for anxiety, fear or nausea please make sure to follow the directions. If you feel your cat would benefit from an anti-anxiety or anti-nausea medication please call us to discuss before your visit. Our doctors can prescribe these at no cost to our patients whom they have seen and are familiar with the cat's current health status.

Remember, regular veterinary visits have been proven to extend the life and well-being of our feline friends. We look forward to working with you to provide your cat with quality veterinary care with as little stress as possible. If you have any questions or concerns please don't hesitate to contact us.



### The Cat Clinic

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### Village Cat Clinic

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